

**MAHANTH MAHADEVANAND MAHILA MAHAVIDYALAYA,
ARA
ACTIVITY REPORT**

Name of the Department: Psychology

Name of activity: Webinar on “Managing Job Stress during Covid 19 lockdown.”

Level of activity: State level

Date of activity: 07.06. 2020

Head of the department: Dr Sadia Habib

Name of Resource person/s: --- Dr Latika Varma and Dr Anis Ahmad

Number of teachers participated: 42

Number of students participated: 58

Fruitful Outcome of the activity: The Participants could understand how to manage Job Stress during covid 19.

Dr Sadia Habib

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